



Paluka's Pub

Taught: November 10, 2005

Irish Stew



Type: 4 Wall Line Dance
Rating: Beginner/ Intermediate
Count 32

Choreographer: Lois Lightfoot
Instructor: Denny Baer
Music: "Irish Stew" by Sham Rock
"Women Rule The World" by Lonestar
"My Kind Of Music" by Ray Scott

Step Description:

SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE

- 1& Touch right toe out to side (1); Step right back in place (&);
- 2& Touch left toe out to side (2); Step left back in place (&);
- 3&4 Touch right toe out to side (3); Clap twice (& 4);
- 5& Touch right heel out front (1); Step right back in place (&);
- 6& Touch left heel out front (1); Step left back in place (&);
- 7&8 Touch right heel out front (7); Clap twice (& 8)

SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, PIVOT ½ TURN

- 1&2 Step right foot forward (1); Step left next to right (&); step right foot forward (2);
- 3-4 Rock forward on to left (3); Recover weight on to right (4);
- 5&6 Step left foot back (5); Step right next to left (&); Step left forward (6);
- 7-8 Step right forward (7); Pivot ½ turn left (8)

RIGHT CROSS ROCK, CHASSE RIGHT, LEFT CROSS ROCK, CHASSE LEFT

- 1-2 Cross rock right over left (1); Recover weight on to left (2);
- 3&4 Step right to side (3); Close left next to right (&); Step right to side (4);
- 5-6 Cross rock left over right (5); Recover weight on to right (6);
- 7&8 Step left to side (7); Close right next to left (&); Step left to side (8);

TOE TOUCHES, SAILOR SHUFFLE, TOE TOUCHES, SAILOR SHUFFLE w/ ¼ TURN LEFT

- 1-2 Touch right toe forward (1); touch right toe to side (2);
- 3&4 Cross right behind left (3); step left to side (&); step right next to left (4);
- 5-6 Touch left toe forward (5); touch left toe to side (5);
- 7&8 Cross left behind right making a ¼ turn left (7); step right to side (&); step left next to right (8);

REPEAT, SMILE AND HAVE FUN!!!!